

A Summer with the Psalms: 40 Days of Prayer and Reflection.

How to Use This Plan

For each day:

- Read the Psalm slowly.
- Notice one verse that stands out.
- Turn that verse into a personal prayer.
- End by sitting quietly before God for one or two minutes, listening for His voice.

Week 1: Beginning with God

Day 1, Psalm 1 – Delight in God's Word

Day 2, Psalm 5 – Morning Prayer

Day 3, Psalm 8 – Wonder and Worship

Day 4, Psalm 13 – Trust in Difficult Seasons

Day 5, Psalm 16 – Security in God

Day 6, Psalm 19 – God's Glory and Word

Day 7, Psalm 23 – The Lord as Shepherd

Week 2: Trust and Protection

Day 8, Psalm 25 – Guidance

Day 9, Psalm 27 – Confidence and Courage

Day 10, Psalm 28 – Cry for Help

Day 11, Psalm 31 – Refuge in God

Day 12, Psalm 34 – God's Faithfulness

Day 13, Psalm 37 – Patience and Trust

Day 14, Psalm 40 – Waiting on God

Week 3: Repentance and Renewal

Day 15, Psalm 32 – Forgiveness

Day 16, Psalm 38 – Honest Confession

Day 17, Psalm 42 – Longing for God

Day 18, Psalm 43 – Hope Amid Discouragement

Day 19, Psalm 51 – Repentance

Day 20, Psalm 57 – Seeking Mercy

Day 21, Psalm 61 – God as Refuge

Week 4: Praise and Thanksgiving

Day 22, Psalm 63 – Desire for God

Day 23, Psalm 65 – Gratitude

Day 24, Psalm 66 – Praise for God's Works

Day 25, Psalm 84 – Joy in God's Presence

Day 26, Psalm 92 – Thanksgiving

Day 27, Psalm 95 – Worship

Day 28, Psalm 100 – Gratitude and Praise

Week 5: Wisdom and Dependence

Day 29, Psalm 103 – Remembering God's Goodness

Day 30, Psalm 111 – Reverence and Wisdom

Day 31, Psalm 112 – A Faithful Life

Day 32, Psalm 119:1-40 – Loving God's Word

Day 33, Psalm 119:41-88 – Walking in Truth

Day 34, Psalm 121 – God's Protection

Day 35, Psalm 127 – Dependence on God

Final 5 Days: Hope and Worship

Day 36, Psalm 130 – Hope and Redemption

Day 37, Psalm 131 – Humility and Contentment

Day 38, Psalm 139 – God's Intimate Knowledge of Us

Day 39, Psalm 145 – God's Greatness

Day 40, Psalm 150 – Unrestrained Praise